

NOCTURNA DE NIGRÁN H2K PLAZA 2019, Nigrán 30/03/2019

10K. Distancia: 10.000 m

Pto	Dorsa	Nombre	Sx	PtoCat	T_Oficial	RitKmReal
1	228	NUNO COSTA		SNM- 1	00:31:31	00:03:10
2	264	CARLOS PORTO PAZOS		SNM- 2	00:31:59	00:03:12
3	207	JOSUE MORENO LIRA		SNM- 3	00:34:42	00:03:29
4	210	ALICE FINOT	F- 1	SNF- 1	00:34:51	00:03:30
5	23	DANIEL VILA COMBARROS		VTAM- 1	00:35:01	00:03:31
6	64	ESTER NAVARRETE SANTANA	F- 2	SNF- 2	00:35:16	00:03:32
7	112	JESÚS FERNÁNDEZ SOENGAS		VTAM- 2	00:35:16	00:03:32
8	30	JOSE MANUEL FERNÁNDEZ VÁZQUEZ		VTAM- 3	00:35:59	00:03:36
9	206	LUIS SA		VTBM- 1	00:36:11	00:03:37
10	5	ANTON AMOEDO GIMENEZ		VTBM- 2	00:36:20	00:03:38
11	41	JOSE LUIS LOUZAO		VTBM- 3	00:36:20	00:03:38
12	606	BRUNO MARTÍNEZ BARGIELA		SNM- 4	00:36:20	00:03:38
13	19	RAMÓN TRONCOSO SOBRINO		VTAM- 4	00:36:24	00:03:39
14	9	RICARDO SOTELINO RODRIGUEZ		VTAM- 5	00:37:06	00:03:43
15	72	JOSÉ JULIÁN BELTRÁN TABOADA		VTAM- 6	00:37:11	00:03:43
16	45	BENITO VAZQUEZ VARELA		VTBM- 4	00:37:32	00:03:46
17	107	PABLO BEASCOECHEA PORTAS		SNM- 5	00:37:54	00:03:47
18	44	MARTIN VALVERDE VILLAR		VTBM- 5	00:37:57	00:03:48
19	281	FRANK BAEZ BARCIA		VTAM- 7	00:38:34	00:03:52
20	40	CRISTIAN VALENCIA RODRÍGUEZ		SNM- 6	00:38:40	00:03:52
21	73	JAVIER DOPAZO LOUZAN		VTBM- 6	00:38:43	00:03:53
22	267	EMILIO GONZALEZ VAZQUEZ		VTAM- 8	00:38:45	00:03:53
23	102	DAVID RODRÍGUEZ MACEIRA		SNM- 7	00:38:49	00:03:53
24	234	JORGE ALBORES MIGUEZ		VTAM- 9	00:38:56	00:03:54
25	84	JOSE LUIS MUJERIEGO GOMEZ		VTBM- 7	00:39:37	00:03:58
26	88	DAVID OLIVEIRA RODRIGUEZ		SNM- 8	00:39:39	00:03:58
27	260	JOSECHU SOTO SANROMAN		VTBM- 8	00:39:45	00:03:59
28	4	SAMUEL VALEIJE COVELO		SNM- 9	00:39:50	00:03:59
29	82	JORGE VELEIRO		VTCM- 1	00:39:57	00:04:00
30	61	JOSE ANTONIO LOPEZ PUENTE		VTAM- 10	00:39:58	00:04:00
31	54	JOSÉ BENITO GÓMEZ LÓPEZ		VTCM- 2	00:40:01	00:04:00
32	94	IAGO VARA ADRIO		VTAM- 11	00:40:30	00:04:03
33	91	DAVID FONTELA IGLESIA		SNM- 10	00:40:50	00:04:05
34	110	SAUL FERNANDEZ GONZALEZ		SNM- 11	00:40:53	00:04:05
35	15	JOSÉ MIGUEL FERNÁNDEZ CRUZ		SNM- 12	00:40:55	00:04:05
36	214	FERNANDO REY GONZALEZ		VTAM- 12	00:40:59	00:04:06
37	121	GERMÁN A. TIZÓN FREIRÍA		VTAM- 13	00:41:01	00:04:06
38	208	PAOLO MICHELE PANELLA GOY		SNM- 13	00:41:10	00:04:07
39	6	MIGUEL CORTIZO BOULLOSA		SNM- 14	00:41:22	00:04:08
40	96	JOSE LUIS DOMINGUEZ MOLARES		SNM- 15	00:41:27	00:04:09
41	46	JAVIER NAVIA GARCIA		VTBM- 9	00:41:35	00:04:10
42	87	MIGUEL BARCIELA		SNM- 16	00:41:35	00:04:09
43	216	DANIEL SÁNCHEZ LIMÓN		VTAM- 14	00:42:09	00:04:13
44	202	DANIEL RODRIGUEZ MARTINEZ		SNM- 17	00:42:13	00:04:14
45	79	FRANCISCO JAVIER ÁLVAREZ COSTAS		VTAM- 15	00:42:25	00:04:15

46	77	JOSÉ ANTONIO ÁLVAREZ OTERO		VTAM- 16	00:42:34	00:04:16
47	3	MANUEL GARCÍA GARCIA		VTAM- 17	00:42:49	00:04:17
48	114	DANIEL CABALEIRO ROCHA		SNM- 18	00:42:57	00:04:17
49	8	JAVIER GIRALDEZ PIÑEIRO		SNM- 19	00:43:02	00:04:18
50	218	IÑAKI FERNÁNDEZ VALLE		SNM- 20	00:43:17	00:04:19
51	108	DAVID FERNANDEZ NUÑEZ		SNM- 21	00:43:25	00:04:21
52	22	RICARDO FERNANDEZ COSTA		VTAM- 3	00:43:33	00:04:21
53	53	AMADOR REBOREDA GRAÑA		VTBM- 10	00:43:33	00:04:21
54	49	MIGUEL ANGEL GIL GONZALEZ		VTAM- 18	00:43:35	00:04:21
55	69	JOSE MANUEL ALVAREZ VEIGA		VTAM- 19	00:43:35	00:04:21
56	263	EUGENIO PICHEL FERNANDEZ		VTAM- 20	00:43:49	00:04:23
57	86	LAUREANO TROITIÑO LIMERES		VTAM- 21	00:43:54	00:04:23
58	125	LORETO RODRÍGUEZ MARTÍNEZ	F- 3	VTAF- 1	00:44:07	00:04:25
59	95	JAVIER CANDAL FUENTES		VTAM- 22	00:44:16	00:04:25
60	13	CARLOS ENRIQUE SANTOS ARGIBAY		VTAM- 4	00:44:28	00:04:27
61	285	BERNARDO VILLASENIN ALMUIÑA		VTBM- 11	00:44:41	00:04:27
62	52	JOSE MANUEL PEREZ IGLESIAS		VTAM- 23	00:44:42	00:04:28
63	75	MARCOS GIL MARTÍNEZ		SNM- 22	00:44:43	00:04:27
64	119	MARCO BARANDELA CID		SNM- 23	00:44:43	00:04:27
65	35	ROI MARTÍNEZ ABAL		VTAM- 24	00:45:03	00:04:30
66	225	JOSE MANUEL RODRÍGUEZ PÉREZ		VTAM- 25	00:45:13	00:04:30
67	258	JOSE FERNANDO PEREIRA IGLESIAS		VTAM- 26	00:45:16	00:04:31
68	104	ALEJANDRO ALFAYA PEREIRA		SNM- 24	00:45:17	00:04:30
69	268	ERASMO ALONSO IGLESIAS		VTAM- 27	00:45:18	00:04:32
70	122	ÁLVARO DE PRADO VÁZQUEZ		VTBM- 12	00:45:22	00:04:32
71	605	JOSE MANUEL MERA ALONSO		VTBM- 13	00:45:22	00:04:31
72	124	ABEL ÁLVAREZ RODRÍGUEZ		VTAM- 28	00:45:23	00:04:32
73	51	MANUEL CASALEIRO FERNÁNDEZ		VTBM- 14	00:45:23	00:04:32
74	277	FRANCISCO RODRIGUEZ ROMERO		VTAM- 29	00:45:26	00:04:32
75	1	BORJA SANTOS-DÍEZ		SNM- 25	00:45:35	00:04:32
76	212	ALBERTO ALONSO LORENZO		VTAM- 30	00:45:39	00:04:34
77	306	MANUEL RUIZ DEL OLMO VEIGA		VTAM- 31	00:45:44	00:04:34
78	607	JOSE MANUEL GARABATOS FREIRIA		VTAM- 32	00:45:47	00:04:34
79	56	MIGUEL ANGEL DÉVORA JIMENEZ		VTAM- 33	00:45:58	00:04:35
80	237	SAMUEL COSTA VAZQUEZ		SNM- 26	00:46:04	00:04:36
81	219	JAVIER FRAGA		VTAM- 34	00:46:04	00:04:36
82	67	EUGENIO CHAMORRO RODRÍGUEZ		VTAM- 5	00:46:06	00:04:36
83	302	CRISTINA VÁZQUEZ TRONCOSO	F- 4	VTAF- 2	00:46:10	00:04:37
84	255	DAVID RODRÍGUEZ COSTAS		SNM- 27	00:46:10	00:04:37
85	284	SILVIA CASAL DOMINGUEZ	F- 5	SNF- 3	00:46:15	00:04:37
86	14	ISAÍAS DE MIGUEL ÁLVAREZ		VTAM- 35	00:46:17	00:04:37
87	209	JOSE PIÑEIRO TERZADO		VTAM- 36	00:46:19	00:04:37
88	286	ALFONSO CODÓN VEGA		VTBM- 15	00:46:20	00:04:36
89	36	CARLOS CID COELLO		VTBM- 16	00:46:20	00:04:36
90	118	DAVID TORRON BARCIELA		VTAM- 37	00:46:32	00:04:39
91	224	FERNANDO LANDESA		SNM- 28	00:46:38	00:04:39
92	50	FERNANDO MARTÍNEZ GIRÁLDEZ		VTBM- 17	00:46:42	00:04:39
93	229	PABLO COSTAS LORENZO		SNM- 29	00:46:45	00:04:40
94	25	MANUEL MOSQUERA SANTÁS		VTBM- 18	00:46:46	00:04:40
95	26	JAVIER ALONSO CONDE		VTAM- 38	00:46:52	00:04:40

96	74	JONATAN JORGE GUILLE		SNM- 30	00:46:56	00:04:40
97	241	SERGIO DOMINGUEZ CARRERA		SNM- 31	00:47:00	00:04:40
98	68	ROSENDO PEREZ FEIJOO		VTBM- 19	00:47:06	00:04:41
99	217	LUCAS LAGO RODRIGUEZ		SNM- 32	00:47:22	00:04:44
100	24	MANUEL VILA GONZALEZ		SNM- 33	00:47:25	00:04:44
101	57	JOSE RAMON DENGRA RICO		VTAM- 39	00:47:25	00:04:44
102	113	CONSTANT MOURANCHON		VTAM- 40	00:47:27	00:04:45
103	230	CARLOS FERNÁNDEZ CASANOVA		VTAM- 41	00:47:27	00:04:43
104	213	JAHENET AMIL PEREZ	F- 6	SNF- 4	00:47:31	00:04:45
105	93	JOSE LUIS SIMOES FERNANDEZ		VTCM- 6	00:47:48	00:04:46
106	103	JOHATHAN ESTEVEZ BERNARDEZ		SNM- 34	00:47:52	00:04:47
107	226	MARIA FERNANDA MARTÍN AMOEDO	F- 7	VTBF- 1	00:47:55	00:04:48
108	65	FRANCISCO JAVIER SANCHEZ ATANES		VTAM- 42	00:48:01	00:04:46
109	20	ALEJANDRO OCAMPO CARDALDA		VTBM- 20	00:48:15	00:04:49
110	126	ADRIAN VARELA COMESAÑA		SNM- 35	00:48:21	00:04:49
111	270	MIGUEL VILAR MIJON		SNM- 36	00:48:30	00:04:51
112	278	CARLOS VILABOIA SALGUEIRO		VTBM- 21	00:48:38	00:04:50
113	81	BEATRIZ COMESAÑA SOUTO	F- 8	VTAF- 3	00:48:54	00:04:52
114	32	MANUEL SOUTO CORTIZO		VTCM- 7	00:49:06	00:04:54
115	48	GUSTAVOAMARA EXPOSITO GOMEZ		VTAM- 43	00:49:07	00:04:54
116	247	JUAN RIVAS ANDREU		SNM- 37	00:49:13	00:04:54
117	78	DIEGO IGLESIAS DIAZ		VTAM- 44	00:49:28	00:04:57
118	62	BASILIO VERDEAL GONZALEZ		VTBM- 22	00:49:37	00:04:57
119	287	ALBERTO DA ROCHA GUISANDE		VTBM- 23	00:49:39	00:04:57
120	232	PABLO OTERO LOIRA		VTAM- 45	00:49:56	00:04:58
121	259	AITANA ARES YEBRA	F- 9	SNF- 5	00:49:58	00:04:59
122	60	GERARDO LÓPEZ REY		VTBM- 24	00:50:07	00:05:00
123	276	DAVID RODRIGUEZ GOMEZ		VTAM- 46	00:50:13	00:05:00
124	205	Mª LUISA RODRIGUEZ VAZQUEZ	F- 10	VTBF- 2	00:50:19	00:05:02
125	244	MANUEL BUGARÍN RORIS		VTBM- 25	00:50:28	00:05:02
126	283	RAFAEL DA ROCHA GUISANDE		VTBM- 26	00:50:29	00:05:03
127	304	SERGIO SOUTO PRADO		SNM- 38	00:50:31	00:05:02
128	235	FELIX CABADAS RIAL		SNM- 39	00:50:32	00:05:02
129	201	JUAN ANTONIO GONZÁLEZ PÉREZ		VTCM- 8	00:50:33	00:05:03
130	85	CRISTIAN GONZALEZ BLANCO		VTAM- 47	00:50:43	00:05:03
131	220	JORGE VILA NEIRA		VTBM- 27	00:50:45	00:05:03
132	123	DENEB ÁLVAREZ SAAVEDRA	F- 11	SNF- 6	00:50:47	00:05:04
133	98	MODESTO W. VICENTE RODRÍGUEZ		VTBM- 28	00:50:47	00:05:05
134	42	PAMELA PÉREZ RODRÍGUEZ	F- 12	SNF- 7	00:50:55	00:05:05
135	105	SANDRA RODRÍGUEZ CASTRO	F- 13	VTAF- 4	00:50:55	00:05:05
136	239	JUAN CARLOS SALGUEIRO GONZALEZ		VTBM- 29	00:50:56	00:05:06
137	38	ISABEL MASSO	F- 14	VTBF- 3	00:51:10	00:05:07
138	280	JUAN NAYA ESTRADA		VTAM- 48	00:51:12	00:05:06
139	303	ROCIO BRANDÓN SOBRAL	F- 15	SNF- 8	00:51:13	00:05:07
140	233	JAVIER PAGES MACHO		VTAM- 49	00:51:13	00:05:06
141	265	CELESTE ANTEPAZO MARTINEZ	F- 16	VTBF- 4	00:51:17	00:05:07
142	11	CARMEN COSTAS RODRIGUEZ	F- 17	VTAF- 1	00:51:18	00:05:08
143	90	JOSÉ COVELO LÓPEZ		VTBM- 30	00:51:20	00:05:07
144	111	RAQUEL LÓPEZ CAMBA	F- 18	VTAF- 5	00:51:21	00:05:07
145	10	DIANA VARELA COSTAS	F- 19	VTAF- 6	00:51:23	00:05:08

146	106	RAFAEL FERNÁNDEZ FERNÁNDEZ		VTAM- 50	00:51:34	00:05:08
147	257	PABLO CARPINTERO PAZOS		SNM- 40	00:51:40	00:05:09
148	21	LUCIA NOVOA GONZÁLEZ	F- 20	VTAF- 7	00:52:01	00:05:12
149	204	MABEL FERNANDEZ LORENZO	F- 21	VTBF- 5	00:52:13	00:05:13
150	256	ENRIQUE CAMESELLA SOUSA		VTAM- 51	00:52:40	00:05:15
151	262	GERARDO CAMESELLA SOUSA		VTBM- 31	00:52:40	00:05:15
152	28	JULIA CASTRO COLORADO	F- 22	VTAF- 8	00:53:21	00:05:19
153	215	ALBA GONZÁLEZ CASTRO	F- 23	SNF- 9	00:53:21	00:05:18
154	211	LETICIA TRABAZOS RODRIGUEZ	F- 24	SNF- 10	00:53:22	00:05:19
155	246	MARIA RAQUEL ALONSO FERNANDEZ	F- 25	VTAF- 9	00:53:23	00:05:19
156	248	PABLO ARIAS COSTA		SNM- 41	00:53:42	00:05:21
157	18	MONICA LOPEZ ROLAN	F- 26	SNF- 11	00:53:46	00:05:22
158	92	JORGE RODRIGUEZ PENA		VTBM- 32	00:53:46	00:05:22
159	253	DAVID LÓPEZ VEIGA		VTAM- 52	00:53:56	00:05:22
160	251	LUIS MARTÍNEZ GÓMEZ		VTAM- 53	00:54:19	00:05:25
161	99	SANDRA SANTODOMINGO FABIAN	F- 27	VTBF- 6	00:54:27	00:05:25
162	221	MARINA TEMES ARNOSI	F- 28	VTAF- 10	00:54:29	00:05:26
163	16	JOSE ISAIAS BURLIDO BORREGO		VTCM- 9	00:54:40	00:05:27
164	250	ALEJANDRO RODRIGUEZ RANCEL		VTAM- 54	00:55:03	00:05:29
165	274	OSCAR HIDALGO GONZALEZ		SNM- 42	00:55:05	00:05:30
166	261	MARIA MARIÑO	F- 29	VTAF- 11	00:55:18	00:05:31
167	34	NATALIA SALGADO DA SILVA	F- 30	VTBF- 7	00:55:20	00:05:30
168	33	JOSE LUIS CABO BEN		VTBM- 33	00:55:20	00:05:31
169	249	ROBERTO GONZÁLEZ BOUBETA		VTAM- 55	00:55:25	00:05:31
170	240	ANDREA MAGALLANES FERREIRA	F- 31	VTAF- 12	00:55:31	00:05:32
171	282	JOSÉ MANUEL ÁLVAREZ VARELA		VTBM- 34	00:56:36	00:05:39
172	115	ELENA ALFAYA PEREIRA	F- 32	SNF- 12	00:56:55	00:05:40
173	17	ADRIAN REY ESTRAVIZ		VTAM- 56	00:57:09	00:05:42
174	12	CHON SANTÁS SEARA	F- 33	VTBF- 8	00:57:42	00:05:45
175	254	MAR LOPEZ ABREU	F- 34	SNF- 13	00:58:26	00:05:50
176	252	GEMMA LORENZO GONZALEZ	F- 35	VTAF- 13	00:58:26	00:05:50
177	116	CARLOS LOPEZ RUIZ		VTBM- 35	00:58:26	00:05:50
178	97	ANGELA SOLA BRAVO	F- 36	VTAF- 14	00:59:04	00:05:54
179	59	ANDREA PÉREZ FERNÁNDEZ	F- 37	SNF- 14	01:01:19	00:06:08
180	227	JOSÉ PÉREZ FERNÁNDEZ		VTBM- 36	01:01:19	00:06:08
181	27	AGUEDA UBEIRA NAVEIRAS	F- 38	SNF- 15	01:02:04	00:06:12
182	275	ENRIQUE CONS GONZALEZ		VTCM- 10	01:02:13	00:06:13
183	266	MARCOS CENDÓN QUIREZA		SNM- 43	01:02:14	00:06:12
184	289	LUCÍA GONZÁLEZ PUGA	F- 39	SNF- 16	01:04:46	00:06:29
185	76	MARIA JOSEFA FREIRE MOSQUERA	F- 40	VTCF- 2	01:04:53	00:06:29
186	117	MANUEL CASTRO VAZQUEZ		VTCM- 11	01:05:10	00:06:30
187	288	NEREA COMESAÑA GARCÍA	F- 41	SNF- 17	01:06:41	00:06:40
188	243	LETICIA HERRERO SOPENA	F- 42	SNF- 18	01:18:09	00:07:47

Publicada a las 21:24:44 del 30/03/2019