

NOCTURNA DE NIGRÁN H2K PLAZA 2019, Nigrán 30/03/2019

5K. Distancia: 5.000 m

Pto	Dors:	Nombre	Sx	PtoCat	T_Oficial	RitKmReal
1	410	PABLO VICENTE LOPEZ		ABSM- 1	00:16:42	00:03:21
2	415	ISMAEL LAGO MONROY		ABSM- 2	00:17:16	00:03:28
3	519	JUAN CARLOS SANDE PRESA		ABSM- 3	00:17:19	00:03:28
4	429	IAGO LOPEZ FERNANDEZ		ABSM- 4	00:17:52	00:03:34
5	501	ADRIAN CORBACHO RODRÍGUEZ		ABSM- 5	00:18:00	00:03:36
6	530	GUADIX MANUEL ROGEL GARCIA		ABSM- 6	00:18:27	00:03:42
7	531	AMANCIO RAÑA RECOUSO		ABSM- 7	00:18:28	00:03:42
8	539	JAVIER LAFUENTE ROIS		ABSM- 8	00:18:30	00:03:42
9	555	DAVID LÓPEZ GARRIDO		ABSM- 9	00:18:51	00:03:46
10	416	EDUARDO GARCIA PAZO		ABSM- 10	00:18:57	00:03:48
11	413	BERNARDO DURAN DURAN		ABSM- 11	00:19:06	00:03:49
12	522	JUAN SICILIA BARCI		ABSM- 12	00:19:29	00:03:54
13	404	XOSE CABADO CASTRO		ABSM- 13	00:19:30	00:03:54
14	411	ALBERTO ARAMBURU GARCÍA-PINTOS		ABSM- 14	00:19:33	00:03:55
15	552	YONATAN ALVAREZ VAQUEIRO		ABSM- 15	00:19:59	00:03:58
16	509	ANDRES CASTELO DÍAZ		ABSM- 16	00:20:06	00:03:59
17	432	SAMUEL ALONSO PÉREZ		ABSM- 17	00:20:12	00:04:02
18	505	ALEX SALGUEIRIÑO ÁLVAREZ		ABSM- 18	00:20:14	00:04:02
19	507	CINTHIA COSTAS GONZÁLEZ	F- 1	ABSF- 1	00:20:31	00:04:07
20	537	JIMMY ANDURA PACHECO		ABSM- 19	00:20:35	00:04:07
21	528	JUAN GONZALEZ PEREZ		ABSM- 20	00:20:41	00:04:08
22	407	ANA PAULA VILAR PALMA	F- 2	ABSF- 2	00:20:44	00:04:09
23	576	ANTONIO LORENZO PIRES		ABSM- 21	00:20:51	00:04:08
24	506	SABELA MARÍA VÁZQUEZ SANTÁS	F- 3	ABSF- 3	00:20:55	00:04:10
25	584	ANTONIO LIBOREIRO COMESAÑA		ABSM- 22	00:21:04	00:04:13
26	421	SUSANA RODRIGUEZ GACIO	F- 4	ABSF- 4	00:21:04	00:04:13
27	532	LUIS PIÑA REFOJOS		ABSM- 23	00:21:04	00:04:13
28	586	DANIEL FERNÁNDEZ CERZÓN		ABSM- 24	00:21:22	00:04:16
29	508	MARÍA BAQUEIRO LEYENDA	F- 5	ABSF- 5	00:21:23	00:04:17
30	403	JOSÉ MANUEL SALGUEIRIÑO MACEIRA		ABSM- 25	00:21:31	00:04:17
31	511	AINHOA RODRIGUEZ GONZÁLEZ	F- 6	ABSF- 6	00:21:57	00:04:24
32	426	ALFONSO ALONSO PRADO		ABSM- 26	00:21:58	00:04:22
33	608	NURIA ALVAREZ CESPEDES	F- 7	ABSF- 7	00:22:06	00:04:24
34	427	YAGO DANIEL RÍO PEREIRA		ABSM- 27	00:22:09	00:04:25
35	590	RUBEN SOBRINO ALONSO		ABSM- 28	00:22:18	00:04:26
36	516	DAVID CORREA VICENTE		ABSM- 29	00:22:34	00:04:30
37	592	ANDRES BLANCO TABOAS		ABSM- 30	00:22:38	00:04:28
38	597	FRANCISCO DANIEL MARQUEZ MONTEAGUDO		ABSM- 31	00:22:51	00:04:31
39	546	SERGIO GONZALEZ FERNANDEZ		ABSM- 32	00:23:04	00:04:33
40	575	ISAAC MIGUEZ RODRIGUEZ		ABSM- 33	00:23:05	00:04:34
41	405	JOSE LUIS LOPEZ ALVAREZ		ABSM- 34	00:23:09	00:04:36
42	578	RAÚL VILA RODRÍGUEZ		ABSM- 35	00:23:12	00:04:35
43	409	NARCISO SAAVEDRA GONZÁLEZ		ABSM- 36	00:23:44	00:04:44
44	408	MARIA TERESA SORDO GARCIA	F- 8	ABSF- 8	00:24:01	00:04:48
45	603	JOSE LUIS PANTEÓN CAMPOS		ABSM- 37	00:24:04	00:04:48
46	412	MARIA DEL CARMEN COTOVAD MALVAR	F- 9	ABSF- 9	00:24:10	00:04:49

47	533	SERGIO ALONSO PÉREZ		ABSM- 38	00:24:12	00:04:47
48	523	JOSE LUIS ALONSO RORIS		ABSM- 39	00:24:14	00:04:48
49	524	CRISTINA MARQUEZ MONTEAGUDO	F- 10	ABSF- 10	00:24:29	00:04:50
50	564	IVAN ESTEVEZ BENAVIDES		ABSM- 40	00:24:31	00:04:51
51	595	JONATHAN OTERO GONZALEZ		ABSM- 41	00:24:47	00:04:54
52	510	FRANCISCO JAVIER RODRÍGUEZ GÓMEZ		ABSM- 42	00:24:55	00:04:59
53	526	MARIÁN PEREIRA RODRÍGUEZ	F- 11	ABSF- 11	00:25:09	00:05:00
54	414	NOEMÍ FARIÑA	F- 12	ABSF- 12	00:25:26	00:05:03
55	571	SAMARA BERNÁNDEZ ABOLLO	F- 13	ABSF- 13	00:25:28	00:05:03
56	430	ROSA GROBA PRIETO	F- 14	ABSF- 14	00:25:28	00:05:05
57	582	BRUNO PEREIRO PALACIOS		ABSM- 43	00:25:30	00:05:04
58	544	NOELIA FERNÁNDEZ FERNÁNDEZ	F- 15	ABSF- 15	00:25:52	00:05:07
59	548	IVAN LAGO AREAL		ABSM- 44	00:25:52	00:05:07
60	583	ALBERTO FERREIRO RODRIGUEZ		ABSM- 45	00:26:00	00:05:09
61	581	JORGE SELEGANTE RODRÍGUEZ		ABSM- 46	00:26:01	00:05:09
62	604	SILVIA VIÑAS ROMERO	F- 16	ABSF- 16	00:26:11	00:05:12
63	401	DANIEL GUIMARÉ GONZÁLEZ		ABSM- 47	00:26:19	00:05:13
64	568	ANDREA BLANCO ANDRÉS	F- 17	ABSF- 17	00:26:21	00:05:13
65	518	CECILIA CHAMORRO RISL	F- 18	ABSF- 18	00:26:25	00:05:15
66	567	MIRIAM BLANCO ANDRÉS	F- 19	ABSF- 19	00:26:27	00:05:14
67	428	JORDI MONROY ROMERO		ABSM- 48	00:26:51	00:05:20
68	431	ALBA PEREZ	F- 20	ABSF- 20	00:27:12	00:05:25
69	534	PAULO COUSO RODRÍGUEZ		ABSM- 49	00:27:13	00:05:25
70	420	JESÚS BERNAL GÓMEZ		ABSM- 50	00:27:16	00:05:27
71	593	CANDELA DOMINGUEZ CERQUEIRA	F- 21	ABSF- 21	00:27:31	00:05:29
72	574	LETICIA ENRÍQUEZ ABOLLO	F- 22	ABSF- 22	00:27:49	00:05:31
73	572	MARÍA DEL MAR BARRAL FARO	F- 23	ABSF- 23	00:27:49	00:05:32
74	573	ÓSCAR GUISANDE DOMÍNGUEZ		ABSM- 51	00:27:49	00:05:32
75	563	SARA PENEDO COMESAÑA	F- 24	ABSF- 24	00:27:51	00:05:31
76	591	ALEJANDRO DÍAZ DÍAZ		ABSM- 52	00:27:52	00:05:32
77	570	ANDRÉS GARCÍA		ABSM- 53	00:27:55	00:05:31
78	525	PATRICIA GONZÁLEZ CASTRO	F- 25	ABSF- 25	00:28:01	00:05:33
79	557	PATRICIA VIÑAS PÉREZ	F- 26	ABSF- 26	00:28:21	00:05:39
80	422	ISABEL MILLÁN BUCETA	F- 27	ABSF- 27	00:28:22	00:05:39
81	418	EDILIA GALVIS HIGUERA	F- 28	ABSF- 28	00:28:22	00:05:39
82	536	IVAN SIMÓN SANROMÁN		ABSM- 54	00:28:54	00:05:44
83	503	CRISTINA MINIÑO PIÑEIRO	F- 29	ABSF- 29	00:29:00	00:05:46
84	502	ANA BARREIRO MARTÍNEZ	F- 30	ABSF- 30	00:29:00	00:05:46
85	566	PAULO JORGE MARTINS DE LIMA		ABSM- 55	00:29:12	00:05:47
86	600	IAGO FILGUEIRA PIÑEIRO		ABSM- 56	00:29:15	00:05:49
87	406	ANTONIO BERMÚDEZ BILBAO		ABSM- 57	00:29:21	00:05:51
88	580	ALICIA LOSADA COELLO	F- 31	ABSF- 31	00:29:26	00:05:51
89	598	FRANCISCO CARBALLIDO SAAVEDRA		ABSM- 58	00:29:45	00:05:53
90	562	YOLI RODRIGUEZ PÉREZ	F- 32	ABSF- 32	00:30:12	00:06:00
91	556	ANGELA GONZÁLEZ CID	F- 33	ABSF- 33	00:30:13	00:06:01
92	589	MARTIN SOUTO SANCHEZ		ABSM- 59	00:30:14	00:05:59
93	588	SILVIA MOSQUERA CARREIRA	F- 34	ABSF- 34	00:30:14	00:05:59
94	554	PATRICIA LORENZO VAZQUEZ	F- 35	ABSF- 35	00:30:16	00:06:01
95	601	SONIA CÉLIX	F- 36	ABSF- 36	00:30:27	00:06:04
96	577	NOELIA SANTODOMINGO FABIÁN	F- 37	ABSF- 37	00:30:52	00:06:07

97	521 RUBEN PEREZ PIÑEIRO		ABSM- 60	00:32:57	00:06:33
98	538 PATRICIA LOJO ZUBELDIA	F- 38	ABSF- 38	00:33:02	00:06:35
99	540 BEATRIZ FERREIRA ÁLVAREZ	F- 39	ABSF- 39	00:33:03	00:06:33
100	419 ZANDRA YANIRE GUARIN REYES	F- 40	ABSF- 40	00:33:04	00:06:34
101	417 PURIFICACION SOUTO SANCHEZ	F- 41	ABSF- 41	00:33:19	00:06:36
102	602 JUDITH CAMPMANY MUÑOZ	F- 42	ABSF- 42	00:33:41	00:06:43
103	553 MARTA PAZÓ MISA	F- 43	ABSF- 43	00:35:40	00:07:04
104	569 SARA BARREIRO GONZÁLEZ	F- 44	ABSF- 44	00:35:40	00:07:04
105	527 JOSE ANTONIO GONZÁLEZ LÓPEZ		ABSM- 61	00:36:07	00:07:13
106	558 REBEKAH ALLEN	F- 45	ABSF- 45	00:36:09	00:07:12
107	599 BÁRBARA RIAL FERNÁNDEZ	F- 46	ABSF- 46	00:36:47	00:07:17
108	515 ANTONIO DE SOLA REPETTO		ABSM- 62	00:40:14	00:07:59
109	596 MARIA VICTORIA MALVIDO LOIRA	F- 47	ABSF- 47	00:40:14	00:08:01

Publicada a las 21:14:44 del 30/03/2019